# Dr. RŪTA UBAREVIČIENĖ

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*Curriculum Vitae*

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**Date of birth:** 1986 09 30
**Citizenship:** Lithuanian

## EDUCATION

**2016 – 2017** (the collaboration with OTB leading to the PhD began in 2012)
**PhD, Urban and regional studies**
OTB – Research for The Built Environment, Faculty of Architecture and The Built Environment, Delft University of Technology, the Netherlands
Thesis: *Socio-spatial change in Lithuania. Depopulation and increasing spatial inequalities*

**2013 – 2018**
**PhD, Sociology**
Lithuanian Social Research Centre (in cooperation with Vytautas Magnus University and Kaunas University of Technology)
Thesis: *Sociodemographic analysis of the changing territorial organisation of the settlement systems in the Baltic countries*
During the study years I received multiple personal grants from the Research Council of Lithuania: grants for the academic achievements in 2014, 2015, 2016 and 2017; grants for the academic outing/traineeship (2014) and summer school (2015) to the Netherlands and short-term scientific visit to Estonia (2015).

**2009 – 2011**
**M.A., Geography and Landscape**
Vilnius University, Vilnius
Thesis: *Post-soviet transformations of economy in Vilnius urban region* (the highest evaluation)

**2005 – 2009**
**B.A., Geography**
Vilnius University, Vilnius
Thesis: *Spatial optimization issues of traffic flows in Vilnius* (the highest evaluation)

**1997 – 2005**
Juozas Balčikonis gymnasium, Panevėžys

## WORK EXPERIENCE

**2021 01 – present**
**Lithuanian Centre for Social Sciences, Institute of Sociology, Department of Regional and Urban Studies**
**Senior researcher**

*The Lithuanian Centre for Social Sciences (LCSS) is a public research institute conducting fundamental and applied social research of high relevance to society. The main stakeholder of the LCSS is the Government of the Republic of Lithuania. With a history spanning over 40 years, the Centre is evolving into a hub of excellence for both national and international research. It also plays a key role in training the next generation of scholars through its doctoral programmes in Sociology and Economics.*

**2019 07 – 2025 03**
**Department of Urbanism, Faculty of Architecture and The Built Environment, Delft University of Technology, the Netherlands**
**Researcher**

*In the 2016 and 2022 research assessments conducted under the Dutch Standard Evaluation Protocol, the Department's research programme was rated 'world-leading/excellent' in both 'research quality' and 'social relevance,' and 'very good' in 'viability.'*

**2022 09 – 2023 12**
**Department of Geography, University of Tartu, Estonia**
**Researcher**

**2022 06 – 2023 04**
**Statistics Lithuania**
**Specialist** *Temporary position to gain data access and conduct research in cooperation with staff members.*

**2012 01 – 2020 12**
**Lithuanian Social Research Centre, Institute of Human Geography and Demography, Lithuania**
**Researcher**

**2012 02 – 2019 06**
**OTB – Research for The Built Environment), Faculty of Architecture and The Built Environment, Delft University of Technology, the Netherlands**
**Guest researcher / Researcher, PhD student**

*In a 2016 research assessment conducted under the Dutch Standard Evaluation Protocol, Urban and Regional Studies research program was assessed as 'world leading/excellent' in 'research quality'. It was also assessed to be "one of the few most influential research groups in the world" and making "an outstanding contribution to society".*

**2016 03 – 2016 08**
**Leibniz Institute for Regional Geography, Leipzig**
**PhD Fellowship**
The fellowship was financed within the framework of the international comparative research project "Urban reconfigurations in post-Soviet space" (www.ira-urban.de).

*The research carried out at the Leibniz Institute for Regional Geography is concerned with spatial structures and current developments that have a spatial impact in Europe, as well as with the theoretical and historical foundations of Regional Geography. Under the heading "New Geographies of Europe" the researchers analyse ongoing processes, particularly in Central and Eastern Europe. An important area of the institute´s work is the presentation of research findings for specialist and more general audiences.*

**2009 09 – 2012 01**
**Nature Research Centre, Institute of Geology and Geography, Department of Human Geography**
**Engineer/assistant**

## GRANTS, AWARDS AND SCIENTIFIC ACHIEVENEMNTS

**2026**
Travel grant awarded by the Sweden–Lithuania Cooperation Fund to support bilateral exchange and knowledge sharing between Sweden and Lithuania. The funded proposal is titled *Research Network on Inequality, Segregation, Immigration, and Policy*.

Recipient of the Best Publication of the Year Award for the selected research paper, Lithuanian Centre for Social Sciences, Institute of Sociology.

**2025**
Winner of the *Women in Science Baltic Fellowship Award*, granted by the Baltic National Academies of Sciences and UNESCO Commissions, recognizing outstanding achievements and future research potential.

**2021 – 2025**
Member of the Young Academy of the Lithuanian Academy of Sciences, Vice-Chair (2024) & Chair (2025)

**2024** Urban Studies Best Article award – Cottineau, C., Batty, M., … & Ubarevičienė, R. (2024) were acknowledged as runners-up. Granted by the journal's editors, this distinction recognizes the most innovative and agenda-setting research published in Urban Studies during the year.

**2021 – 2022**
Scholarship received from the Lithuanian Academy of Sciences

**2014 – 2017**
Annual scholarships received from of the Research Council of Lithuanian for outstanding academic achievements

## CONSULTING AND EXPERT ENGAGEMENT

**2026** – Short-Term Consultant appointment, World Bank, Catching-up Regions Initiative (CuRI)

**2025** – Advisory Board Member, SUBLIME-AGE research project, led by dr hab. Katarzyna Kajdanek, University of Wrocław.

**2022** – External Expert/Researcher, **European Commission, Joint Research Centre (JRC)**, Universality of social protection systems in Europe; co-author of *Measuring Universality in Social Protection: A Pilot Study of Housing Support Benefits*.

## PARTICIPATION IN SCIENTIFIC PROJECTS

**2025 10 – 2027 10**
*Lithuania's urban system: The impact of third-country immigration on future development prospects* (Financed by Research Council of Lithuania)

**2025 01 – 2027 12**
*Proximity without density (PROWD)* Lithuanian team leader (Financed by DUT – Driving Urban Transitions)

**2023 04 – 2026 03**
*Ensuring the need for housing: problems and perspectives in Lithuania* (Financed by Research Council of Lithuania)

**2020 02 – 2024 01**
*The Future of European Social Citizenship (EUSOCIALCIT).* HORIZON 2020

**2021 09 – 2024 03**
*Peripheral regions in Lithuania: migration and local communities* (Financed by Research Council of Lithuania)

**2022 09 – 2023 12**
*Occupational change, mobility, and the changing spatial patterns of inequalities* (Financed by the Estonian Academy of Sciences)

**2021 09 – 2022 05**
*Measuring Universality in Social Protection. A pilot study on housing benefits* (Financed by European Commission, Joint Research Centre)

**2017 11 – 2019 08**
*Socio-spatial inequality, deprived neighbourhoods, and neighbourhood effects (DEPRIVEDHOODS)* ERC project

**2017 10 – 2019 11**
*Spatial differentiation of adolescent fertility in Lithuania: socioeconomic environment, the role of sexual education and individual experiences* (Financed by Research Council of Lithuania)

**2016 03 – 2016 08**
*Urban reconfigurations in post-Soviet space", umbrella-project on "Strong and Weak cities"* (Financed by Free State of Saxony and the Federal Republic of Germany)

**2014 04 – 2016 12**
*Growing urban regions and spatial segregation of their residents in Lithuania,* researcher (Financed by Research Council of Lithuania)

**2013 03 – 2014 12**
*Regional peculiarities of functional change in the rural settlements of Lithuania*, researcher (Financed by Research Council of Lithuania)

**2012 01 – 2013 12**
*Sparsely populated areas and their residents in Lithuania,* researcher (Financed by Research Council of Lithuania)

**2010 08 – 2011 10**
*The peculiarities of the development of Vilnius city in the context of Eastern Lithuania problem region*, researcher (Financed by Research Council of Lithuania)

## ORGANIZATIONAL ACTIVITIES

**2026 06 29**
Organizer of the international conference: *From Spatial to Social Proximity in Low-Density Metropolitan Areas: Rethinking Social Dynamics, Urban Life, and Mobility in the 15-Minute City*. PROWD, Vilnius

**2024 – 2025**
*Member of the Young Academy of the Lithuanian Academy of Sciences,* ***Vice-Chair (2024) & Chair (2025)***

**2023 – present**
Co-developer of the Urban Inequality and Segregation Lab

**2022 09 23**
Co-organizer of the seminar: *Housing as a social right: the situation in Europe and Lithuania* (including presentation: *Availability, affordability and adequacy of housing in the countries of the European Union*). Vilnius

**2021 09 – 2022 12**
Co-organizer of the Seminar Series (online) & Podcast Series: *Unforeseen influence: how early simplifications in urban models came to shape theory and practice*.

**2020 09 – present**

Co-organizer and instructor of the Massive Open Online Course (MOOC): *Building Inclusive Cities: understanding urban inequality and segregation*, DelftX

**2020 – 2022**
Member of the supervisory committee of the project *State data management information system* (implemented by the Statistics Lithuania)

**2020 – 2021**
Co-organizer, editor and contact person of the collection of Open Access Publications: *Urban Socio-Economic Segregation and Income Inequality: A Global Perspective* (more than 233K downloads).

**2018 09 19-20**
Co-organizer of the international conference *Urban poverty and segregation in a globalized world.* Delft University of Technology, Delft

**2012 10 16-19**
Assistant at the international conference. *EAAE/ISUF New urban configurations*. Delft University of Technology, Delft.

**2012 05 13-16**
Assistant at the Regional Studies Association European Conference: *Networked regions and cities in times of fragmentation: Developing smart, sustainable and inclusive places*. Delft University of Technology, Delft

## PUBLICATIONS

**Ubarevičienė, R.**, & Aidukaitė, J. (2026). Assessing housing rights in the EU countries: the current state, government's efforts, and the role of the EU. In *The Future of European Social Rights and European Social Citizenship* (pp. 193-209). Edward Elgar Publishing.

Tammaru, T., Kalm, K., **Ubarevičienė, R.,** Mooses, V., Aasa, A., & Järv, O. (2026). Digital transition and new forms of spatial inequality [Special issue introduction]. *Social Inclusion*, 14.

Pociūtė-Sereikienė, G., **Ubarevičienė, R.**, & Burneika, D. (2026). The development of medium-sized post-industrial cities in Lithuania during the period of polycrisis. *Cities,* 174, 107030.

Aasa, A., **Ubarevičienė, R.**, Estévez, R. G., & Tammaru, T. (2026). Which Regions Gain the Most From Digital Transition: Urban, Suburban, or Rural? *Social Inclusion*, 14.

**Ubarevičienė, R.**, & Aidukaitė, J. (2026). Housing provision: A comparative study of housing availability, accessibility, and adequacy in EU member states. *Journal of International and Comparative Social Policy*, 1-20.

**Ubarevičienė, R.,** Tammaru, T., van Ham, M., Basílio Junior, L., Bērziņš, M., Credit, K., Gaspar Silva, D., Harris, R., Kalm, K., Kauppinen, T., Krišjāne, Z., Malheiros, J., Maloutas, T., Manley, D., Musterd, S., Nel·lo, O., Nevanto, M., Novotný, L., Ouředníček, M., Porcel, S., Ribardière, A., Šimon, M., Smętkowski, M., Spyrellis, S., Strömgren, M., van Gent, W. & Wessel, T. (2025). A comparative study of socio-economic segregation in European capital city-regions: From segregation to desegregation? *Urban Studies*.

**Ubarevičienė, R.**, Žinys, T., & Kriaučiūnas, E. (2025). Migration's Role in Shaping Socio-Demographic Structure in the Peripheral Rural Regions: A Case Study of Lithuania. *Population, Space and Place*, 31(2), e70010.

**Ubarevičienė, R.**, & Burneika, D. (2025). The Russian minority in the Baltic capitals. Examining marginalisation in the context of urban dynamics. In *Urban Marginality, Racialisation, Interdependence: Learning from Eastern Europe*, red. F. Alexandrescu, R. Powell & A. Vilencia. p. 145–166, Routledge.

Aidukaitė, J., Senkuvienė, K., & **Ubarevičienė, R.** (2025). Understanding housing issues and satisfaction in Lithuania. *Social Policy Review* 37, 122-143.

Kriaučiūnas, E., Burneika, D., **Ubarevičienė, R.,** & Baranauskienė, V. (2025). Lithuanian rural settlements: The legacy of Soviet rural planning and current challenges. *Quaestiones Geographicae* 44(2), 5-17.

**Ubarevičienė R.,** Kalm K., van Ham M., Žinys T., Kliimask J. & Tammaru T. (2024). Residential mobility and new forms of spatial inequality in the settlement system: A comparative study of Estonia and Lithuania. *Environment and Planning B: Urban Analytics and City Science* 51(7), 1391-1718.

Cottineau C., Batty M., Benenson I., … , & **Ubarevičienė R.** (2024) The role of analytical models and their circulation in urban studies and policy. *Urban Studies* 61(12), 2370-2398.

**Ubarevičienė, R.**, van Ham, M., & Tammaru, T. (2024). Fifty years after the Schelling's Models of Segregation: Bibliometric analysis of the legacy of Schelling and the future directions of segregation research. *Cities*, 147, 104838.

Aidukaitė J. & **Ubarevičienė R.** (2023). Assessing Housing Rights in the Selected EU Countries: revised version (2.0). Zenodo.

Kriaučiūnas E., **Ubarevičienė R.**, Baranauskienė V. & Burneika D. (2023). Lietuvos kaimo gyvenamųjų vietovių tinklo kaitos tendencijos XXI amžiuje. *Lietuvos socialinė raida*, 12, 53-67.

Aidukaitė J. & **Ubarevičienė R.** (2022). Measuring Universality in Social Protection: A pilot study on housing benefits, Publications Office of the European Union, Luxembourg. DOI: 10.2760/205855 (online)

Mohamed A. A., **Ubarevičienė R.**, & van Ham M. (2022). Morphological evaluation and regeneration of informal settlements: An experience-based urban design approach. *Cities*, 128, 103798.

**Ubarevičienė R.**, Tretjakova V. & Pociūtė-Sereikienė G. (2021). The Effects of Individual and Regional Factors on Adolescent Fertility Rates: The Case of Lithuania. *Regional Statistics* 11(3), 95-118.

van Ham M. Tammaru T., **Ubarevičienė R.** & Janssen H. (2021) Rising Inequalities and a Changing Social Geography of Cities. An Introduction to the Global Segregation Book. In van Ham M. Tammaru T., Ubarevičienė R. & Janssen H. (2021) *Urban socio-economic segregation and income inequality: A global perspective*. Springer Open. Chapter 1, p. 3-27. OPEN ACCESS.

**Ubarevičienė R.**, & Burneika D. (2020). Fast and uncoordinated suburbanization of Vilnius in the context of depopulation in Lithuania. *Environmental & Socio-economic Studies*, 44-56.

Burneika D., **Ubarevičienė R.** & Baranuskaitė A. (2019). Soviet housing estates in Vilnius – socio-ethnic structure and future(-less?) perspectives, in *Housing Estates in the Baltics: The Legacy of Central Planning in Estonia, Latvia, and Lithuania*, edited by D. Hess & T. Tammaru. Springer.

Gedvilaitė-Kordušienė M., Tretjakova V. & **Ubarevičienė R.** (2019). Bevaikystė Lietuvoje: tendencijos, normos ir regioninė diferenciacija [Childlessness in Lithuania: Trends, Norms and Spatial Differention]. *Socialinė teorija, empirija, politika ir praktika*, 18, 96-111.

Tretjakova V., Pociūtė-Sereikienė V. & **Ubarevičienė R.** (2018). Paauglių kūdikių gimstamumo kaitos tendencijos: Europos Sąjungos kontekstas ir regioninė diferenciacija Lietuvoje [Trends in Adolescent Fertility: EU Context and Regional Differentiation in Lithuania]. *Lithuanian Journal of Statistics*, 57(1), 41-55.

**Ubarevičienė R.** (2018). City systems in the Baltic states: the Soviet legacy and current paths of change. *Europa Regional*, 25(2), 15-29.

Burneika D., Baranauskaitė, A. & **Ubarevičienė R.** (2017). Social segregation and spatial differentiation of electoral alignment in Vilnius Metropolitan area. *Geographia Polonica* 90 (2), 87-110.

**Ubarevičienė R.**, & van Ham, M. (2017). Population decline in Lithuania: who lives in declining regions and who leaves? *Regional Studies, Regional Science* 4 (1), 57-79.

Burneika D. & **Ubarevičienė R**. (2016). Socio-ethnic segregation in the metropolitan areas of Lithuania. *Czech Sociological Review* 52 (6), 795–819

**Ubarevičienė R.**, van Ham M. & Burneika D. (2016). Shrinking regions in a shrinking country: The geography of population decline in Lithuania 2001-2011. *Urban Studies Research.*

**Ubarevičienė R.** (2016). Lietuvos gyventojų vidaus migracijų teritoriniai ypatumai XXI a. [Territorial features of internal migration of Lithuanian population in the XXI century]. *Lietuvos socialinė raida* [Social Development in Lithuania] 5. P, 9-24. Vilnius: Lithuanian Social Research Centre

Valatka V., Burneika D. & **Ubarevičienė R**. (2016). Large social inequalities and low levels of socio-economic segregation in Vilnius, in *Socio-economic segregation in European Capital cities: East meets West*, edited by T. Tammaru, S. Marcińczak, M. van Ham and S. Musterd. P, 313–332, London and New York: Routledge.

Burneika D., **Ubarevičienė R**. & Valatka V. (2015). Socio-economic segregation in growing urban regions of Lithuania. *Filosofija. Sociologija* 26 (4), 277-292.

Burneika D. & **Ubarevičienė R.** (2015). The economic crisis and development of Vilnius urban region – spatial aspects. *Regional and Local development* 2 (60), 81-96. EUROREG.

**Ubarevičienė R.** & Burneika D. (2015). Spatial transformation of the economy in the post-communist period: The case of the Vilnius urban region. *Geographia Polonica*, 1 (88), 143-157.

**Ubarevičienė R.**, Burneika D. & van Ham M. (2015). Ethno-political effects of suburbanization in the Vilnius urban region. An analysis of voting behaviour. *Journal of Baltic Studies* 46 (2), 217-242.

Pociūtė-Sereikienė G., Kriaučiūnas E. & **Ubarevičienė R.** (2014). Peripheralisation trends in rural territories: the case of Lithuania. *Studies in Agricultural Economics* 116, 122-130.

Burneika D., Daugirdas V., & **Ubarevičienė R.** (2014). Migration as a factor of development of the depopulating areas in East EU countries – The case of Lithuania. EUROPA XXI, 27, 79-95.

**Ubarevičienė R.** (2014). Lietuvos teritorijos apgyvendinimo kaita XXI a.: miestų-regionų formavimasis [The change of the settlement structure in the XXI century Lithuania: city-regions formation]. *Lietuvos socialinė raida* [Social Development of Lithuania], P. 92-112. Vilnius: Lithuanian Social Research Centre

Kriaučiūnas E., **Ubarevičienė R**. & Pociūtė-Sereikienė G. (2014). Lietuvos kaimo apgyvendinimo kaitos regioninės ypatybės 2001 – 2011 metais [Regional peculiarities of changes in rural settlement's system in Lithuania during the period 2001-2011]. *Lietuvos socialinė raida* [Social Development of Lithuania], P. 78-91. Vilnius: Lithuanian Social Research Centre

Kriaučiūnas E., Krupickaitė D., Pociūtė-Sereikienė G. & **Ubarevičienė R.** (2014). Lietuvos kaimo gyvenviečių funkcijų kaitos regioninės ypatybės [Regional pecularities of rural settlements function change in Lithuania]. *Geografijos metraštis* 47, 70-87.

Burneika D., **Ubarevičienė R.**, Pociūtė G. & Kriaučiūnas E. (2013). The impact of Vilnius city on the transformation trends of the sparsely populated EU east border region. *Etniškumo studijos/Ethnicity studies* 2, 50-69.

Burneika D., Daugirdas V., Kriaučiūnas E., Ribokas, G. & **Ubarevičienė R.** (2013). Socio-economic aspects of depopulation in Eastern EU border region – case of Eastern Lithuania. *Region and regionalism* 11, 195-215.

Burneika D. & **Ubarevičienė R.** (2013). Metropolitan regions in Lithuania – Trends of transformation of the Soviet urban system. *Kyiv geographic almanac 8, 107-113*.

Burneika D., **Ubarevičienė R.** & van Ham M. (2012). The impact of a growing Vilnius urban region on the development of Eastern Lithuania. *Evoliucija obščestveno geografičeskoj mysli*, p. 37-43.

**Ubarevičienė R.**, Burneika D. & Kriaučiūnas E. (2011). The sprawl of Vilnius city – establishment and analysis of growing urban region. *Annales Geographicae* 43-44, 98-109.

Burneika D. & **Ubarevičienė R.** (2011). The sprawl of Vilnius city – some consequences of rural-urban transformations. *Annales Geographicae* 43-44, 110-117.

Burneika D., Kriaučiūnas E., & **Ubarevičienė R.** (2010). The problem of research of actors of urban change in post-soviet cities – Vilnius case. *Annales Geographicae* 43-44, 42-53.

## CONTRIBUTIONS TO BOOKS

Kriaučiūnas E., Burneika D., **Ubarevičienė R.**, Baranauskienė V. (2024). Lietuvos kaimiškoji periferija: raida ir perspektyvos migracijų kontekste" [Rural Periphery of Lithuania: Development and Perspectives in the Context of Migration]. Vilnius: Lietuvos socialinių mokslų centras. ACCESS.

van Ham M., Tammaru T., **Ubarevičienė R.** & Janssen H. (2021) *Urban socio-economic segregation and income inequality: A global perspective.* Springer Open. OPEN ACCESS.

Tretjakova V., **Ubarevičienė R.**, Šumskaitė L., Pociūtė-Sereikienė G. & Žaliauskaitė M. (2020). *Paauglės mamos Lietuvoje: veiksniai, patirtys, sprendimo kryptys* [Adolescent mothers in Lithuania: factors, experiences, directions for change]. Vilnius: Lietuvos socialinių tyrimų centras. ACCESS.

Burneika D., **Ubarevičienė R.**, Valatka V., Baranauskaitė A., Pociūtė-Sereikienė G., Daugirdas V. & Krupickaitė D. (2016). *Lietuvos metropoliniai regionai: Plėtros ir segreacijos ypatumai XXI a. pradžioje* [The metropolitan regions of Lithuania: Residential differentiation in the 21st century]. Monograph. Vilnius: Lithuanian Social Research Centre. ACCESS.

Lietuvos socio-demografinės politikos "*Baltoji knyga*". Gairės tolesnės demografinės politikos plėtrai ["White book" of socio-demographic politics in Lithuania. The guidelines for demographic policy]. Co-author. 2016. Vilnius: Lithuanian Social Research Centre & Ministry of social security and labour

Daugirdas V., Burneika D., Kriaučiūnas E., Ribokas G., Stanaitis S. & **Ubarevičienė R**. (2013). *Lietuvos retai apgyventos teritorijos* [Sparsely populated areas in Lithuania]. Monograph. Vilnius: Lithuanian Social Research Centre. ACCESS.

## PRESENTATIONS AT INTERNATIONAL CONFERENCES

*Living Beyond the 15-Minute City: Mobility, Services and Community Life.* Paper presented at the International conference From Spatial to Social Proximity in Low-Density Metropolitan Areas: Rethinking Social Dynamics, Urban Life, and Mobility in the 15-Minute City. Vilnius, 2026 06 29.

*Reversing decline? Migration and population change in medium-sized Lithuanian cities*. Paper presented at the RSA Annual Conference. Gothenburg 2026 06 15–18.

*Urban Socio-Economic Segregation: Comparative Insights from European and Global Contexts.* Invited keynote speech presented at the Ibero-American Symposium on Urban Socio-Spatial Segregation. Lisbon, 2026 01 21–23.

*Opportunities and Challenges for the 15-Minute City under Digital Transition*. Paper presented at the 11th International Urban Geographies of Post-Communist States Conference – Cities After Transition. Tirana 2025 09 22–25.

*Residential mobility and homeownership transition: a case study of Lithuania.* Paper presented at the Baltic migration and segregation research seminar. Tartu 2025 05 21–22.

*Residential mobility and homeownership transition: a case study of Lithuania.* Paper presented at the Workshop: Anchors and beacons. Place-binding processes and residential behaviours. Granada 2025 04 22–23.

*Socio-Spatial Inequalities in Lithuania and Beyond: An Overview of Recent Research Employing New Data Infrastructure.* Paper presented at the Baltic migration and segregation research seminar. Riga 2024 10 29 – 31.

*Comparative Study of Socio-economic Segregation in European Cities: 2001-2011-2021.* Paper presented at the 12th International Conference on Population Geographies. Belfast 2024 07 1–3.

*Shrinking Peripheries in Lithuania: Can Local Actors Change the future of Small Rural Places?* Paper presented at the RSA Annual Conference. Ljubljana 2023 07 14–17.

*Internal Migration and its Influence on the Socio-Demographic Structure in the Peripheral Rural Regions of Lithuania.* Paper presented at RSA Central and Eastern Europe (CEE) Conference. Leipzig 2022 09 14–17.

*Assessing Housing Rights in the EU Countries.* Paper presented at International Sociological Association (ISA) RC-19 Conference. Vilnius 2022 08 24–26.

*Lithuanian Peripheral Rural Regions: Who Leaves and who Comes?* Paper presented at the RSA, Regions in Recovery Second Edition 2022: Re-imagining Regions. Ljubljana (online). 2022 03 21–04 01.

*Rural-urban transformation in Vilnius metropolitan area: results of fast and uncontrolled suburban sprawl in multi-ethnic territory.* Paper presented at NoRSA-ESPON conference. Pärnu, Estija (Online) 2021 10 13–14.

*Regional differentiation and the effect of individual and regional characteristics on adolescent fertility: the case of Lithuania.* Paper presented at the Regional Studies Association, Central and Eastern Europe Conference. Lublin, Poland 2019 09 11–13.

*Urban change and the role of the capital city. A comparative study of 3 Baltic States.* Paper presented at the Regional Studies Association annual conference: "Pushing Regions beyond their Borders". Santiago de Compostela, Spain 2019 05 05–07.

*Predictors of Spatial Differentiation of Adolescent Fertility: The Case of Lithuania.* Paper presented (with co-authors) at the Association of American Geographers (AAG) Annual Meeting. Washington DC 2019 04 03-07.

*Challenging the urban development models on the post-socialist cities: The case of the Baltic States.* Paper presented at the EEGA Thematic Workshop: Theorising Cities from/with Global East. Leipzig and Zerbst. 2018 12 10-12.

*Growing Social Spatial Differentiation and Migration Patterns in Lithuania.* Paper presented at the Regional Studies Association annual conference: "A World of Flows: Labour Mobility, Capital and Knowledge in an Age of Global Reversal and Regional Revival". Lugano 2018 06 3-6.

*Residential differentiation in sprawling urban regions of Lithuania.* Paper presented at the Regional Studies Association Winter Conference 2016: "New pressures on cities and regions". London 2016 11 24-25.

*Socio-economic segregation and political spatial differentiation in Lithuanian metropolitan areas.* Paper presented at the Oslo and Akershus University College, in the Research Symposium on Urban Governance in Europe: "Preparing for Diversity, Social Sustainability and Migration". Oslo 2016 09 28–30.

*Population decline in Lithuania. Who lives in declining areas and who leaves?* Paper presented at the Regional Studies Association annual conference: "Building Bridges: Cities and Regions in a Transnational World". Graz 2016 04 03-06.

*Residential Differentiation in Sprawling Urban Regions of Lithuania.* Paper presented at the at the Regional Studies Association annual conference: "Building Bridges: Cities and Regions in a Transnational World". Graz 2016 04 03-06.

*Migration and urbanization in Lithuania.* Paper presented at the Charles University in Prague, in the 6$^{th}$ international urban geographies of post-communist states conference (CAT-ference): "25 Years of Urban Change". Prague 2015 09 23-26.

*Socio-economic aspects of ethnic segregation of major Lithuanian cities.* Paper presented at the Charles University in Prague, in the 6$^{th}$ international urban geographies of post-communist states conference (CAT-ference): "25 Years of Urban Change". Prague 2015 09 23-26.

*Ethno-political effects of suburbanization in the Vilnius urban region. An analysis of voting behaviour.* Paper presented at the Balkan Ethnology department, International Conference "Balkan and Baltic States in United Europe – History, Religion, and Culture II". Sofia 2014 10 1-3.

*Lietuvos gyvenviečių tinklo* kaita [The development of Lithuanian urban network]. Paper presented at the Vilnius University „III congress of Lithuanian geographers". Vilnius 2014 09 26-27.

*Changing urban systems in the Baltic States: Spatial and social transformations.* Paper presented at the Mykolas Romeris University, International Scientific Conference for Young Researchers "Social transformations in contemporary society 2014". Vilnius 2014 05 05-06.

*Post-socialist demographic decline and population redistribution in Lithuania.* Paper presented at the Tbilisi State University, 5$^{th}$ international urban geographies of post-communist states conference (CAT-ference): „Urban research, urban theory and planning practice in Central and Eastern Europe and the former Soviet Union". Tbilisi 2013 09 11-13/15.

*Population change and migrations in Lithuania: Trend and hidden processes.* Paper presented in the Expert seminar 'Labour migration in the Baltic Sea countries: Trends and prospects'. Parliament of the Republic of Lithuania, Vilnius 2013 04 25.

*Metropolitan regions in Lithuania – Trends of transformation of the Soviet urban system.* Paper presented at the Geographical faculty, Taras Shevchenko national university of Kyiv: Spatial transformation processes in Central Europe in XXI century. Kyiv 2013 03 16-17.

*The impact of a growing Vilnius urban region on the development of Eastern Lithuania*. Paper presented in the Third Annual Scientific Session ARGO (Association of Russian Human Geographers). Saint-Petersburg 2012 09 28-30.

*Peculiarities of spatial transformations of Vilnius urban region.* Paper presented at the Institute of geography and spatial planning, Polish academy of science: Warsaw regional forum 2011 "*Functional regions – towards a new paradigm of territorial and cohesion policy*". Warsaw 2011 10 21-22.

*The economic crisis and development of Vilnius urban region – spatial aspects.* Paper presented at the University of Warsaw in seminar "Crisis and cities: a dual world of capital cities". Regional Studies Association research network "The impact of global economic crisis on capital cities". Warsaw 2011 09 23.

*The development of Vilnius city in the context of east Lithuanian problem region.* Paper presented at the University of Bucharest in the 4th International workshop on Post-communist Urban Geographies (Cities after Transition): "Space, culture and transition". Bucharest 2011 09 14-17.

## OUTREACH ACTIVITIES

Interview featured in Research in Estonia, "Even with all the digital tools, we are drifting apart in cities, study shows", 2026 04. Link.

Invited Panellist, Lithuanian Academy of Sciences Awards Ceremony for Winners of the Higher Education Students' Scientific Research Competition. 2026 04 21.

Invited speaker at the conference „Studijuok su ArcGIS". 2026 03 31. Link.

Invited presenter, discussion at the Lithuanian Parliament, "Kaip auginti Lietuvą demografinio mažėjimo akivaizdoje", 2026 03 24. Recording.

Interview featured in The Times, "As Europe's birthrates tumble, Lithuania offers a vision of the future", 2026 02 22. Link.

Invited speaker, Lithuanian Academy of Sciences podcast Mokslo karta. Recording.

LRT Radio, "Kultūra" program: "Women in Science" awardees: Gender differences exist, and they are usually unfavorable to women. 2025 11 28. Recording.

LRT.lt news: "Scholarships for Lithuanian Women in Science". 2025 11 29. Link.

Voruta.lt: "Three Lithuanian Scientists Receive 'Women in Science' Awards." 2025 12 23. Link.

LRT Radio, "10-12" program: "Representative from the Bank of Lithuania: there is a small social housing stock." 2025 12 10. Recording.

Panel participant at the *National Human Rights Forum*; discussion "The Right to Housing: Between Market Logic and Human Rights." 2025 12 10. Recording.

Panel participant at the annual *discussion festival "Būtent"*, Lithuania – Public discussion on "Urban Development: How Will the City's Face Change in the Future?" 2025 08 30. Recording.

Interview with the weekly newspaper *Savaitė* on inner migration in Lithuania. 2025 07 03.

Featured on the popular science communication program *Smalsumo genas*, discussing migration, segregation, and inequality. 2025 05 31. Recording.

Public lecture for attendees of the University of the Third Age: *Population Change in the World and Lithuania: Why It Is Important to Know Who Lives Where*. 2024 12 06. Gallery

Interview with the weekly newspaper *Savaitė* on regional inequalities in Lithuania. 2024 10 31.

Interview on the Lithuanian national radio discussing various aspects of international and inner migrations. 2024 09 19. Recording

Interview with a journalist discussing housing affordability in Lithuania. 2024 08 27. Publication

Invited speaker at the scientific-practical conference "Challenges of the welfare society in Lithuania: aging, housing, territorial inequality". 2023 11 22

Invited panellist of the Lithuanian Urban Forum. 2023 11 09. Recording

Interview on the radio "M-1 plus" about segregation in big cities of Lithuania. 2023 03 01.

Public presentation at the Annual Real Estate Conference of the Bank of Lithuania. *Availability, affordability and adequacy of housing in European countries.* 2022 11 17. Recording

Interview on the Lithuanian national radio morning program *Ryto garsai* on population change, inequalities and migration in the Baltic States. 2018 09 18. Recording

## TRAININGS & TRAINEESHIPS

**2025 04 – 10**
Selected through a competitive call to the Young Professionals Leadership Program by the Sweden – Lithuania Cooperation Fund, and successfully completed the program in 2025.

**2024 07 17 – 07 21**
Summer school "Introduction to life course research and sequence analysis", Barcelona.

**2021 10 22 – 11 05**
Media training for experts by Lithuanian Journalism Centre

**2017 03 01 – 2017 06 31**
Participant of Erasmus+ practice (EU Lifelong Learning Programme, No 2015-1-LT01-KA103-0013344). Financed by the Lithuanian Confederation of Industrialists. Sending institution - Vytautas Magnus University, host institution - OTB-Research for The Built Environment, Faculty of Architecture and The Built Environment, Delft University of Technology, the Netherlands.

**Courses at the doctoral graduate school in the Netherlands, 2016 - 2017**

- Conversation skills, 2.0 ECTS
- Self-management strategies, 2.0 ECTS
- Brain management, 2.0 ECTS
- The informed researcher, 2.0 ECTS
- Becoming a creative researcher in academia, 1.0 ECTS
- Creative tools for scientific writing, 2.0 ECTS
- The art of presenting science, 3.0 ECTC

**2015 11 10**
*National PhD Day 2015: Enhance your career!*
Workshops attended:

- Time management for PhDs
- Speak like Obama
- Writing your thesis with ease

**Courses at the doctoral graduate school in Lithuania, 2014 - 2015**

- Classical and contemporary sociological theories, 6.0 ECTS

- Social research methodology and modern methods, 6.0 ECTS
- Public opinion surveys, 6.0 ECTS
- Theories of regional development, 6.0 ECTS
- Social policy, 6.0 ECTS

**2015 08 17-28**
Course *Applied Multivariate Analysis* at the Utrecht Summer School. 3.0 ECTS and certificate of attendance. Grant from the Research Council of Lithuania (no. DOC-15260).

**2015 05 - 06**
Core Course 5: *Quantitative Research Methods* at the NETHUR (Netherlands Graduate School of Urban and Regional Research). 5.0 ECTS. Utrecht, Nijmegen.

**2015 02 16-25**
Academic outing to Estonia (Centre for Migration and Urban Studies, University of Tartu). Grant from the Research Council of Lithuania (no. VIZ-VYK-004).

**2014 07 10-11**
Workshop "*Current Developments in Critical Urban Studies*". Georg Simmel Center for Metropolitan Research, Berlin.

**2014 05 07-09**
Seminar for the academic writing "*How to write and publish papers to the journals*?" The seminar was held by dr. Ellen Boeren (University of Edinburgh, Scotland) at the Lithuanian Social Research Centre.

**2014 02 10 - 2014 03 06**
Academic outing/traineeship to the Netherlands (OTB-Research for The Built Environment, Faculty of Architecture and The Built Environment, Delft University of Technology). Grant from the Research Council of Lithuania (no. DOC-13/2014).

**2012 09 03 – 2013 03 06**
Participant of Leonardo da Vinci project (EU Lifelong Learning Programme, No LLP-LdV-PLM-2012-LT-0742), *International research collaboration on social structures in urban areas.* Host organization – OTB-Research for The Built Environment, Faculty of Architecture and The Built Environment, Delft University of Technology, the Netherlands.

**2011 04 03-16**
Participant of European Union Lifelong Learning Programme *Expanding Horizons in European Geography Teaching* (ExHEGeT). Students exchange programme. University of Ljubljana.

## ONLINE TRAININGS AND TRAINEESHIPS

**2024 12 12**
Selection of survey methods in social research: Existing alternatives, challenges, and contemporary trends [Apklausos atlikimo būdo pasirinkimas socialiniuose tyrimuose: esamos alternatyvos, iššūkiai ir šiuolaikinės tendencijos]

**2021 11 29**
Proposal preparation and budgeting in Horizon Europe for the Research Council of Lithuania

**2017 - present**
TUD online course: Logical Reasoning
TUD online course: Critical Thinking
TUD online course: Lean Management
STATA net course 101. Introduction to STATA

Coursera course: “Learning how to learn”
Coursera “Specialization on Methods and Statistics in the Social Sciences”

## MEMBERSHIP OF PROFESSIONAL BODIES

Young Academy of the Lithuanian Academy of Sciences (LMAJA), Vice Chair (2024) & Chair (2025)
Regional Studies Association (RSA)
European Network for Housing Research (ENHR)
International Population Data Linkage Network (IPDLN)

## ADDITIONAL INFORMATION

**Languages**
Lithuanian – Native
English – Full professional proficiency
Dutch – Slightly spoken

**Computer Knowledge**
ArcGIS, SPSS, Phyton, R, Microsoft office, Adobe Creator suite 6 product

**Fields of interests**
Socio-spatial change, social segregation, spatial inequality, inner migration, shrinkage, city-regions, urban and regional geography, housing, big data.

Last updated on September 2026